

# Athlete Service Bike Box Rental

www.bikeboxrental.co.uk  
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## INSTRUCTIONS TO PACK BIKEBOX

- Remove pedals.
- Deflate tyres completely and fix into lid of Bikebox using wheel skewers.
- Remove seat pillar and release shock pressure (where applicable).
- Remove handlebar stem.
- Secure frame into Bikebox (Chain set adjacent to hinge and chain set facing away from you).

Pictured below with a high end carbon race bike with integrated seat with cranks and seat still in position (saddle height 78cm).

